## THE TRANSMIGRATION OF SOULS

It's hard for you to believe in reincarnation but you're willing to try, considering the alternative.

If only someone would explain where the souls are, in a city or a town or a kind of campground, and how much one can count on a soul whose entire existence is based on rumor.

I am reading to you from the Tibetan *Book of the Dead* about the soul's journey to city or town or that campground, how it rises out of the body like a dove.

The Tibetans make you laugh but never mind.

What interests you is the exact moment when everything ends, how from this one moment to the next blood and heart freeze within the body and everything else goes on as if nothing had happened.

## My darling,

you are almost 90 and know how to distinguish between death and the fear of death. When you fall asleep in your armchair a breeze flutters the pages of your book and puffs onward.

Even you can see a bird, forget about yourself and become its flight.

And the pinecone I saw outside, hard wooden fist, will relax in the end, and release seeds to the earth.

What happens later doesn't interest you, whether to be buried or burned,

it's not your problem, and yet I see from your foreshortened perspective you're beginning to paint a new horizon even if it is Tibet just for a laugh and I'm simply holding the palette.

Translated from the Hebrew by Lisa Katz